

Our Mission...

“Helping seniors, disabled individuals and families in financial crisis achieve stable, healthy and independent lives.”

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Awarded four stars five years in a row!

Interfaith Community Services *We Care Quarterly* is published quarterly by Interfaith Community Services, 2820 W. Ina Rd., Tucson, AZ 85741.

New CEO Daniel Stoltzfus to Arrive in February

Interfaith Community Services is excited to welcome **Daniel Stoltzfus** as its new CEO beginning February 17. He will succeed longtime ICS CEO **Bonnie Kampa**, who retired after 13 years of service.

ICS made the announcement in early December, and Stoltzfus was on hand to meet and greet people at both ICS Holiday Open Houses on December 11-12. He also spent time meeting with ICS staff.

“Daniel brings a wealth of experience in the social services and nonprofit arenas to ICS and has earned a reputation as a visionary and seasoned leader,” said **Steve Pollyea**, chairman of the ICS Board of Directors. *“He shares a passion for our mission at ICS and brings a deep understanding of our community and of serving the needs of those most vulnerable. As ICS prepares to mark its 30th anniversary of service in 2015, Daniel is the right person to lead our organization into its next decade of growth.”*



Stoltzfus’s public service experience includes leadership positions with nonprofit organizations in Arizona, Colorado and the New York City metro area, as well as program development for a national behavioral health care company. Nearly 20 years of management experience with nonprofit organizations led him to his most recent role as the chief program officer of The Bowery

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Volunteer Income Tax Assistance

ICS is once again a Volunteer Income Tax Assistance (VITA) program site in partnership with the United Way of Tucson and Southern Arizona. Trained volunteer tax preparers will prepare tax returns free of charge to eligible low-income families and individuals.



Beginning February 4, the ICS site will be open 4-7 p.m. on Wednesdays and 9 a.m. to 1 p.m. on Saturdays, through April 11. No appointment is necessary; clients are helped on a first-come, first-served basis.

For more information, visit unitedwaytucson.org or call ICS at 520-297-6049 ext. 1.

NEEDED DOCUMENTS:

- Picture I.D. for taxpayer and spouse (if applicable)
- ORIGINAL Social Security card* for EACH family member
- Proof of income, including W2 and 1099 forms
- Proof of health insurance coverage
- Documentation of deductible

expenses

- Account and routing numbers of checking and savings accounts for direct deposit of refunds (optional)
- Prior year tax return (optional)

*Photocopies, W2s, prior year returns, or any other document issued by any office other than the Social Security Administration is NOT acceptable.

Join Us in Celebrating Our 30th Anniversary This Year!

The new year, 2015, is a big one for Interfaith Community Services: We celebrate 30 years of helping Pima County seniors, individuals with disabilities and people in financial crisis achieve stable, healthy and independent lives. But how did we get here?

Think of the world in 1985: "Tweet" was something birds did; "friend" was a noun, not a verb; most telephones still had cords and certainly didn't work if you took them out of the building where their service was located; "We Are the World" ruled the radio airwaves; and "Back to the Future" – a movie about time travel 30 years into the past and later, 30 years into the future to 2015! – was one of the year's top films.

And, here in Tucson, six congregations banded together under the leadership of the Rev. Barbara Anderson, then-associate



pastor at St. Andrew's Presbyterian Church, and others, to open Northwest Interfaith Center. The goal was to connect diverse faith communities and volunteers to leverage resources and fill gaps in vital services to people in need throughout Pima County. The new organization would serve as an umbrella for a Food Bank, volunteer caregiving, and "Good Samaritan" emergency financial assistance.

Much has happened in the ensuing years, leading the organization to change its name to Interfaith Community Services, open an eastside location and, with the generous support of 700 volunteers and 78 faith community partners, provide 73,500 services to 36,516 individuals in a single year. Please join us in reliving a little history in the coming months as we share our story in these pages. And if you haven't already, join our efforts and become part of the story moving forward. Toward that end, we are sharing 30 ways you can support ICS. But not all at once! We'll share 10 ways beginning with this newsletter and include another 10 in each of the next two.

You won't want to miss the great things we're doing this year. Be sure to sign up for our monthly e-newsletter at www.icstucson.org and follow us on Facebook, Twitter and Instagram so you'll always be among the first to know what's happening here.

And thank you for being a vital part of our work to provide help and hope.

30 Ways to Support ICS, Part One

1. Volunteer to give a ride to a senior.
2. Hold a food drive.
3. Help clean the yard of an elderly or disabled individual.
4. Have ICS speak at your faith community, business, or group.
5. Attend Empty Bowls on March 28.
6. Recycle plastic bags at the ICS Food Bank for clients to use.
7. Give an extra donation to provide bus passes for our clients to get to job interviews.
8. Honor a loved one with an engraved brick in the ICS Garden of Caring.
9. Remember ICS in your will.
10. Tell a friend about ICS.



Caregiving Volunteers Deliver Handmade 'Gifts of Warmth' to Elderly Recipients



Many of the homebound seniors and disabled adults that ICS serves are lonely and isolated at the holidays, so our caregiving folks came up with a pilot program this year to let the recipients know we were thinking of them. Call it "Gifts of Warmth." Volunteer drivers

more than 50 of ICS's neediest older and disabled adult Caregiving Services recipients. The knitted items were created by members of the community, with many of them collected by Debra Jacobs of ICS faith community partner Temple Emanu-El. Cub Scout Pack 209 made colorful holiday cards to accompany the gifts. Our recipients were grateful for the attention. *Thank you, everyone who helped with this effort!*

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delivered hand-knitted winter hats, scarves and throw blankets, along with toiletries and handmade cards, to

New CEO Daniel Stoltzfus

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Mission, an historic faith-based institution serving homeless men and women as well as at-risk youth in New York City.

From 2009-2013, Stoltzfus served as executive director of Arizona Youth Partnership (AzYP), leading the organization through the founding of a charter school, a shelter for runaway and homeless youth, and an innovative new program for low-income families, known as Building Futures for Families. Before his service at AzYP, he was executive director at New York City Relief, a mobile outreach to the homeless.



"I am humbled to assume the helm of such a highly respected nonprofit organization as Interfaith Community Services," Stoltzfus said. "I look forward to the opportunity to work with the board, staff and committed volunteers of ICS to build on the legacy of Bonnie Kampa's leadership and expand the impact of ICS throughout Pima County."

When Stoltzfus came to Tucson in 2009 to lead Arizona Youth Partnership, Bonnie quickly became a mentor and trusted colleague, he added.

"After partnering with ICS on a federal grant project, I soon recognized the value the volunteers, staff, board and faith communities brought to the greater Tucson community. It is truly an honor to succeed Bonnie as the next CEO of Interfaith Community Services," he said.

Stoltzfus earned a Master of Public Administration in nonprofit management and public policy from New York University's Wagner Graduate School of Public Service in May 2009. He and his wife Angela have four children.

Beginning February 17, Daniel can be reached at dstoltzfus@icstucson.org or 520-297-6049 ext. 212. Stay tuned for details on special meet-and-greet opportunities with Daniel this spring.

A Farewell Message to Volunteers, Donors and Professional Associates



A simple thank you is not enough to tell you how much I appreciate your gifts of compassion, financial support, and expertise that you have shared over the years. Without your continuous support and contributions, ICS would never have achieved the success we are experiencing today. That's why I am taking this one final opportunity to express genuine gratitude from the bottom of my heart! Blessings to all.

Fondly,

Bonnie Kampa

Holiday Open Houses Honor Bonnie Kampa



Nearly 400 guests attended the ICS Holiday Open Houses this year to share in food and fellowship and to honor departing CEO **Bonnie Kampa**. They also got to meet incoming CEO **Daniel Stoltzfus**.

At our Ina Road location, Tucson Mayor **Jonathan**

Rothschild was on hand to praise Bonnie's work over the years. **Linda and Jennifer Lohse** of the Tucson Foundations as well as past ICS Board Chairman **Ed Jenkins** – longtime supporters of ICS – provided special donations to the ICS Endowment Fund in Bonnie's honor.

ICS Board Chairman **Steve Pollyea** read a special proclamation by the Pima County Board of Supervisors declaring December 12th "Bonnie Kampa Day."

The holiday events allowed us to thank many of our donors and volunteers.

Special thanks to the **Tucson Symphony Orchestra Brass Quintet**, guitarist **Dustin Jones** and harpist **Patricia Harris** for providing music and to the **Tucson Symphony** for providing tickets for door prizes.



Labor of Love: Husband and Wife Deliver Mobile Meals Together

It's been said that the way to a man's heart is through his stomach. Married Mobile Meals volunteers **Jim and Sherri Denny** certainly found that to be the case, although quite accidentally.

Jim and his first wife Arlene were longtime volunteers working first in the ICS Food Bank and then delivering Mobile Meals. Sherri and her husband owned the Oro Valley restaurant where Jim and Arlene would grab a bite to eat several times each month after making their deliveries. Arlene fell ill and died; by then, Sherri was widowed as well. Jim continued to stop at Sherri's restaurant every Wednesday, until the day he went in and discovered it had been sold. Sherri was gone.

But not really, as it turned out. He crossed paths with her while visiting a friend in the hospital. Jim said they hugged each other and he told Sherri, "I've missed your food. I've missed you." Later, they ran into each other again. This time he asked her to lunch, and she agreed to meet him. As it happened, the date would take place on February 13 – Valentine's Day eve.

"Neither of us was looking for a companion," Jim says. He was busy with the Rotary Club and as a Eucharistic minister at St. Odilia Catholic Community, not to mention his six grown children and 12 grandchildren in Chicago, where he spent his



summers.

Even so, considering the date of their meeting, he brought along one red rose. Sherri brought a container of the Waldorf chicken salad that Jim and Arlene used to eat at her restaurant. During the meal, Jim asked where Sherri would visit if she could go anywhere. Her response: Tuscany, Italy.

In March 2008, after the two had been dating seriously, Sherri began delivering ICS Mobile Meals with Jim. And later that year, in September, the two got married in

Chicago and honeymooned in – you guessed it – Tuscany.

"Delivering meals to our ICS families on our route is a privilege we both hold dear," Sherri says. "Jim does the driving and navigating, and I take the meals into the home." The couple feels that delivering the food blesses them more than it does the people they serve, Sherri adds. "We tend to become very close to them (the recipients) after a while. If they, over time, perhaps go into the hospital for a stay or into a nursing home, we will continue to visit them there. A couple things we do extra. For instance, I have a rose garden and we take them roses during the growing season, or pray with them when they are sick or troubled. We may be the only other person they see all day or even all week."

Make a Difference This Year by Volunteering for ICS!



• **Thinking ahead! Do you have a college-aged student coming home for the summer? Mobile Meals delivery** is a fabulous way to plug them into helping within the Tucson community. Drivers deliver prepared meals to homebound seniors and disabled adults once a week to provide much-needed

nourishment and a moment of friendly connection. Delivery takes up to two hours each week, with mileage reimbursement available. Volunteers attend an orientation that introduces them to ICS and our services. Drivers are further trained and supported by staff. We have routes in northwest Tucson and Marana, including Dove Mountain. Summer is a time when ICS has great need for drivers.

• We need volunteers to **assist with reception/greeting and the food pantry at the ICS Eastside office**, located at 8701 E. Old Spanish Trail. Our Eastside office has a Job Resource Center, financial assistance office, and food pantry. A volunteer orientation is offered monthly at the Eastside office for new volunteers. Please help us spread the word to prospective volunteers living on the eastside.

• We hope to fill some **special volunteer slots** for our core programs of transportation, Mobile Meals driving and substitute driving, and any of our Home Sweet Home programs, which provide friendly support for homebound individuals. Our needs fluctuate depending on our recipients' needs, but we would love to have you join our volunteer team **to be available to help when needed**.

If you're still not sure where you'd fit, you can learn more about ICS and our many volunteer opportunities by attending an upcoming orientation. To register, contact Volunteer Resources Manager **Tori Carlson** at 520-297-6049 ext. 217 or tcarlson@icstucson.org.

Volunteer Orientation Schedule

Northwest: 10 a.m. to noon
2820 W. Ina Road

- Monday, January 26
- Monday, February 9
- Friday, February 27
- Wednesday, March 11
- Monday, March 30
- Monday, April 13

Eastside: 1 - 3 p.m. (NEW)
8701 E. Old Spanish Trail

- Tuesday, February 10
- Tuesday, March 10
- Tuesday, April 7
- Tuesday, May 5

Faith Community Engagement News

ICS welcomes our newest faith community partners! **Lutheran Church of the Foothills**, led by the Rev. John Lillie; **First United Methodist Church**, led by the Rev. Beth Rambikur; and **Congregation Bet Shalom**, led by Cantor Avraham Alpert, are all very excited to be part of our work to help vulnerable neighbors in our community. These three congregations and their members have already been involved with ICS in various ways and look forward to continuing their participation. Here is a sampling of other ICS faith community partners in action:



- **Congregation Anshei Israel** hosted ICS's Fall Lunch and Learn event, which focused on Mental Health and Aging.
- **St. Francis in the Foothills United Methodist Church** hosted a Mental Health First Aid course taught by ICS staff.
- **Tanque Verde Lutheran Church** hosted a small-group session on Aging and Depression taught by ICS Staff.

- **St. Mark's United Methodist Church** hosted our most recent ICS Faith Council meeting of advocates from our faith community partners.

We are deeply grateful for the caring of our 78 partner congregations. Together we're affecting many lives for the good. To schedule a visit to ICS, to have ICS staff speak to your congregation, or to explore your congregation joining ICS in the good work described in this newsletter, call Faith Community Engagement Manager **Tim Kromer** at 297-6049 ext. 201.

Free Write-A-Will Seminars

Why have a will? Have you experienced a major change in your life such as the birth of a child or grandchild, or the death of a spouse? Are you looking for a way to make a difference for a favorite church, school or cause that won't cost you while you are living, but will live on long after you are gone? Or, has it been years since you updated your will?



In partnership with the Planned Giving Roundtable of Southern Arizona, ICS is again offering the national Leave a Legacy Write-A-Will Workshops in March. These FREE 90-minute interactive seminars are presented by experienced estate planning attorneys and offer education about making or updating a will, how to protect even the most modest estate, ways to formalize your wishes, and how to ensure those wishes are known and respected. A question and answer session is included and free materials are provided. This year's seminars will take place at **Splendido at Rancho Vistoso at 9 a.m. on Wednesday, March 11, (presenter is attorney Jim Marvel)**, and at **Rincon Congregational United Church of Christ at 7 p.m. on Thursday, March 19 (presenter TBD)**. Watch the ICS website for details and registration information.

Healing Wounded Lives:

Moving from
"What's Wrong with You?"
to "What Happened
to You?"



Join Us for a Lunch and Learn Forum

Thursday, February 12, 2015
Noon - 2 p.m.

St. Paul's United Methodist Church
8051 E. Broadway Boulevard, Tucson, AZ 85710

Cost is \$10 per person and includes lunch.
Register online at icstucson.org or call Veda at 297-6049 ext. 218.

Trauma affects each of us differently and, often, profoundly. Explore how we can create a circle of care and become healing communities within our homes, work places and faith communities. Understand the long-term effects of trauma and changing the dialogue from "What's wrong with you?" to "What happened to you?"

In this forum you'll learn **how trauma is defined, what happens to the brain when trauma occurs and steps you can take to become a healing presence.**

Our featured speaker is **Inge Detweiler**, M. Div., M.Ed., CEAP, Vice President of Clinical Services at CODAC Behavioral Health Services, Inc.

Made possible
with funding from:



**COMMUNITY
PARTNERSHIP**
of Southern Arizona

A Look Back at the

Without all the wonderful support we receive from the community, ICS could not carry out its work for our time, a few dollars or a lot, you have touched a life and brought a smile to someone who thought they didn't recap of your love in action.



Golf Event Generates Funds and Friends

It was a beautiful day for 128 golfers at the 2014 "We Care" Golf Classic on Friday, November 6, at the Omni Tucson National Golf Resort. After the

final club was swung, the event raised \$25,612 to support vital ICS programs for seniors and families in need. The golf classic is one of our biggest annual fundraisers, and we are grateful to all who helped make it a success!

Thanks to:

Presenting Sponsors: CGC Wealth Management Group/RBC Wealth Management and Dorothy D. Vanek

We Care Sponsors: Bruce and Karen Bittmann, Frank and Sue Cannon, Steve and Ruth Pollyea, Paul and Pam Raikunen and Wendell and Rose Tyson

Plus our hole sponsors, silent auction and raffle prize donors, goody bag contributors and volunteers.

"We Care" Golf Classic Committee: Steve Pollyea (Chairman), Jerry Ahmann, Russell Burns, George Chardukian, Jim Loane, Nan McKay, Rick McKee, Michael Michaud, Mike Mumford, Pam Raikunen and Paul Raikunen

The Eighth Annual Edward Jones Bag-a-Thon

was bountiful, collecting 69,000 pounds of food for the ICS Food Bank, just in time for the holidays. Edward Jones offices across Southern Arizona participated, raising



money and food for their local food pantries. Our heartfelt appreciation to the many schools, scouting groups, businesses, individuals and Edward Jones offices that pitched in to help. A shout out also goes to the **Sun City Vistoso Cyclists** and the **Sun City Community Foundation** for their support.

Numerous faith communities, businesses, social groups and individuals "adopted" pre-screened ICS client families for the holidays to ensure their children received gifts and needed items. This year broke records, as we were able to help 460 children in 183 families through our **annual "Gifts of Love" program**. Your generosity made it a true season of hope for hundreds of children.



The *Explorer Newspaper* made ICS the beneficiary of its **Give to Win** holiday toy and gift drive for the second year. Thoughtful donations from Explorer readers including toys, gift cards and food augmented our Gifts of Love packages.

Oro Valley Church of the Nazarene

presented 10 performances of its "What Christmas Means to Me" show, which raised \$27,668.62 for ICS through a love offering. Thanks to all who lent their



time and talents – the show is a huge undertaking that has raised more than \$100,000 for ICS since it began.

The **Tucson Dance Academy** performed its "Spirit of Christmas" Broadway-style

Holidays, with Gratitude

neighbors in need. Once again, your support this holiday was amazing. Whether you contributed toys, your have much to smile about. On behalf of all the people we help because of your generosity, thank you. Here's a

dance extravaganza in SaddleBrooke and at Centennial Hall and shared a portion of the proceeds with ICS. We extend our gratitude to **Tom and Tammy Booth** and all the dedicated dancers at TDA.



Omni Tucson National Homeowners Group chose ICS as the beneficiary of its annual Holiday Giving Tree event, collecting \$1,440 for our programs, as well as three big boxes of new children's books for the Ginny Jewell Kids Space in the Welcome Center.

Jim Click Chrysler Jeep donated a 2014 Jeep Cherokee to the community and allowed Tucson nonprofits to sell \$25 raffle tickets for a chance to win the vehicle. We are grateful to have been able to participate and raise \$1,500 to provide transportation to clients in our Emergency Financial Assistance program.

Nationally recognized composer and pianist **Greg Starr and Quiet Rain Music** presented a benefit concert for ICS on October 26 at St. Philip's In The Hills Episcopal Church, raising more than \$1,200 for our programs and services. Greg, who is also the music director at Tanque Verde Lutheran Church, presented an afternoon of original music, including selections from a new, upcoming CD to be released this year.



Big thank-you to **eegee's** for turning a surplus into assistance for ICS Food Bank clients. Due to a shipping miscommunication, our friendly local sandwich chain had more packages of turkey than it could use, so on December 19, a truck delivered nearly 7,000 pounds of packaged turkey to the ICS Food Bank. That's about \$50,000 in retail value, just in time for a very happy holiday.

Demand was up at the ICS Food Bank, and we met the need through many generous food and monetary donations. In nine days leading up to Thanksgiving, our Food Bank distributed **2,730 holiday food bags** filled with the ingredients for a complete meal to families facing hunger and financial hardship. This was in addition to the regular monthly food boxes that



families receive. In December, with supplies from the **Community Food Bank of Southern Arizona** and other donors, the ICS Food Bank distributed **2,876 holiday food bags** and thousands of supplemental food items. Each month's holiday food distribution served approximately 10,000 individuals – the size of a small town! Thank-you to many community groups who also hosted food drives in



November and December, including the **"Stuff the Yellow Bus"** charity drive and **Charles Schwab**, which raised 2,629 pounds of food and \$1,200 at its community collection event. Special thanks also to **Larry H. Miller Chrysler Jeep and FM 96.1 KLPX** for including ICS in their "Rockin' Santa" event.

Students from Sonoran Science Academy as well as customers of the Larry H. Miller dealership collected 750 pounds of food and \$35 in donations for the ICS Food Bank.

Visit the Interfaith Community Services Facebook page to view extensive photo albums from the "We Care" Golf Classic and Holiday Open Houses.

MEMORIALS AND TRIBUTES: 9/6-12/31/14

Memorials and gifts of honor are a special way to remember friends and loved ones, as well as make a tax-deductible donation to ICS. An acknowledgment is sent to both donor and honoree. Thank you!

In Memory Of: Given By

A Kind Stranger: Edith Greene
Aleah Mae: Michael & Karen Cruce
Bob Allen: Pete & Mary Quick
Myron Andersen: Lucile Andersen
Ryan Armstrong: Josephine Cordasco
Joe Barraza: Helen Barraza
Wayne & Ann Marie Barry: Fred & Sandra Eaton
Al & Kay Beadle: Eric Beverford
Phyllis Bergeson: Jim & Lora Pirzynski
Richard C. Bostrom: Alice Bostrom
Alma Boyle: Kathleen Boyle
John M. Brewer: Linda Brewer
Sonny Burgan: Anonymous
Jim Butler: Lollie Butler
My Loving Wife, Carol: Charles Davis
Glen Chollar: Patrick & Shar Caulley
Sandra Lee Clockedile: Ida Heath; Lance & Carleen Sholdt
John Clymer: David & Gypsy Lyle
Tom Conway: Barbara Conway
Jim & Evelyn Cook: Gary & Carol Cook
Helen Crabtree: Archie & Jan Anderson
John Crawford Sr.: Keith & Martha Thorson
Sheryl DeLoria: Dieter & Judy Krausser
Robert Drake Jr.: Robert & Joan Drake
Erma Dudley: Patrick & Shar Caulley
Anne Ervin: Pete & Mary Quick
Ruth Fales: Lisa Tyler
Lawrence B. Farnum: Calvin & Joanie Rooker
Betty Fink: Bruce Fink
Alice Ford: Myron & Anna Rottenstein
Helen Foscz: Norman Carlson & Victoria Carlson-Foscz
Robert Lee Frownfelter: Rod & Suzanne Anderson
Marjorie Funckes: Arnold Funckes
Marsha Gjestland: Robert Gjestland
Mike Goetz: Stephen & Sally Pagnucco
Linda Groen: Bernard Groen
Dallas Gulley: Dick & Bonnie Kampa
Mary Ann Hackett: Diane Lafayette
Glenn Hamstra: Lester & Suzanne Hayt
Cynthia Hartshorne: Jacqueline Franks
Jean Hartung: George Hartung
1st Lt. Daren Hidalgo: Robert & Mary Ann Nichols
Jan Hills: Phillip & Phyllis Davis
Lenard & Anne Hines: Ezra Roati
Floyd Hoffman: Dorothy Stone
Robert Hurst: Margaret Hurst
Jared Jackson: Linda Currin
Ginny Jewell: John & Janell Conn
Dale Johnson: Jennie Johnson
Joyce Jones: Terry & Joy Wolfe
Vera Jones: Andrea Dukes
Ruth Kessler: Ida Heath; Stephen & Judy Herzog; Dick & Bonnie Kampa;
Robert & Joyce Lyons; Margaret Stevens; Michael Whitney & Susan Stevens
Mr. & Mrs. RG Krishnan: Charles & Linda Cleveland
Michael Kuehn: Thomas & Ann Bush
Richard Lenci: Stephen & Sally Pagnucco
Sylvia London: Judy Gould
Lura Lovell: David & Virginia Morthland
Jim & Ilse MacKenzie: Virgil & Muriel Gerdes
Mike Mahoney: Stephen & Sally Pagnucco

Steve Mashek: Mary Mashek
Mary Lou & Michael McCue: Robert McCue
Hirom McFarland: Janis McFarland
Dennis Megdal: Margaret McHenry
Fritz Melde: Annemarie Melde
Iris J. Meyer: Karen Gilbert
George Miller: Nathan & Rhoda Miller
James Mockler: Ann Stephens
Herb Moeckli: Patrick & Shar Caulley
Willa Morrow: Archie & Jan Anderson
My Family: Sharon Edwards
Helen D. Newton: Herbert & Beverly Wright
Betty Nye: Cordelia Lundquist
Jack O'Connor: Robert & Joan Drake
Donald Pell: Sue Pell
Carolyn Perryman: Marthena Maley
Mona Peters: Estate of Mona Peters; Unknown Donors
James Peterson: Mary Jo Peterson
George Phares: William & Linda Killian
Robert & Fannie Pooley: Joseph & Suzanne Zimbardo
Jean Redpath: Edward & Betty Aptaker; Dick & Bonnie Kampa
Margaret Reed: Sandra Thompkins
William Reilly: Andrea Reilly
Roy Reinhard: Jerry & Marianne Jones
Jean Revello: Elizabeth Richardson
Robert A. Reynolds: Dennis Reynolds
Patricia Richardson: Steven Richardson
Rev. George Richmond: Sandra Richmond
Robert C. Robertson: Ruth Robertson
Barbara Shade: Roger & Karen Hobbie
Thomas Shoop: Catherine Shoop
Bruce Shuman: Donald & Virginia Shuman
Ken Small: Jean Small
Linda St. Laurence: Joe Botsko
Ann Denise & Thomas B. Steffen: Denise Steffen
Eda A. Stephan: Louise De Jose
Walter G. Stoneman: Joann Stoneman
Esther Sutland: Martha Trapp
Gar Thorsrud: Sandra Marchese; Audrey Thorsrud
Those Who Give of Themselves: Shirley Johnson
Roberta W. Troxell: Ray Troxell
Marie Vaughan: Victoria Vaughan
Mary L. Vogels: Mary Cornell
Audrey Wade: Cathy Wade
Steve White: Patrick & Karen Donahue
Peter Widlock: Elizabeth Richardson
Eva Wolfe: Terry & Joy Wolfe

In Honor Of: Given By

Rev. Barbara Anderson: John & Sharon Olbert
Rev. Barbara & John Anderson: June Head
Daxton Barton: Robert & Debi Raterink
Jim & Yonny Beers: Archie & Jan Anderson
Mary Boissoneault: Janet M. DeKeyser
Brothers: Charles & Connie Chase
Caregiving & Mobile Meals Recipients: Richard & Carol Backus
Bob Carroll: John & Trudi Sofias
Social Service Staff at Casa de la Luz Hospice: Frank & Linda Williams
Casas Adobes Congregational Church Staff: Donald & Helen Crandall
Community of Christ Members: Bartlett & Melinda Heald
Rev. John Conn: Anonymous

MEMORIALS AND TRIBUTES: 9/6-12/31/14

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Frank Davis: Michael Davis

Deborah Circle of St. Andrew's Presbyterian Church: Carolyn Fenner;
Ann Simpson

Janet DeKeyser: Bertha Wolfe

June Head: Carol Barzeele; Carol Bogg; Jerrie Fails; Stephen & Judy Herzog;
John & April Ritchie; Ella Waltz

Alison Herrington: Linda Wert

Jay & Betty Huitsing: Grace Huitsing

ICS Staff & Volunteers: Thomas & Yvonne Cockrell

ICS Volunteers: Andrea Dukes

James, Dana, Delia, Conor & Aidan O'Shea: Kevin O'Shea & Mara Levin

Jen & Chrid: Gretchen Anne Cleghorn

Ed & Kay Jenkins: Anonymous; Pat Owens

Bonnie Kampa: Anonymous; Lynne Albright; Myra Christenson; Brenda
Coffman; Michael & Linda Lou Duddeck; Jim & Barbara Hansen; Jeff &
Anne Harman; Ed & Kay Jenkins; Larry & Susan Lane; Robert & Donna
Langwig; Robert & Joyce Lyons; Bruce & Estelle McDoniel; Lew & Sheryl
Perry; Jack & Susan Quillen; Sandra Rausch; Howard & Dorothy Reeve; Jim
& Maricela Reynaert; Jan Rogers; Betsy Sandlin; Lee & Rose Vander Ark

Dr. Darryl King: Donald & Helen Crandall

Kathy Bugee Little: Janet Bugee

Katherine & Lue Little/Schulder: Anonymous

Loved Ones: Jim Meyer

Ron Maddox: Anonymous

Ronald & Paula Mahoney: Kathleen Gatto

William & Etta Mahoney: Kathleen Gatto

Mr. & Mrs. Mayfield: Rose Moreno

Mr. & Mrs. Jim McDaniel: Rose Moreno

Rev. Lee Milligan & Teresa Hager: Donald & Helen Crandall

Mom, Dad & Margaret: Kevin O'Shea & Mara Levin

Dr. & Mrs. Phil Moorhead: Donald & Helen Crandall

Morris & Karen: Kevin O'Shea & Mara Levin

Minna Moskowitz: El Conquistador Ladies Tennis Group (Joanie Rooker)

Oro Valley Church of the Nazarene Christmas Presentation: Anonymous

Our Group: Coralee Schellie

Our Military: Doreen Parks

Our Savior's Lutheran Church-Tucson: George & Christine Anderson
Charlotte Patt: Ed & Kathy Boebel; Nell Carlston; Stuart & Fay Eckmier;
June Head; Dick & Bonnie Kampa; Robert & Joyce Lyons; Dennis &
Barbara McLean; Pat Reigstad; Ella Waltz

Ron & Yoko Perle: Gary & Luanne Thomson

Mary Kaye Pierce: Judith Kent

Rancho Vistoso Village Carolers: Robert & Delores Lind

Maury Reed: El Conquistador Ladies Tennis Group (Joanie Rooker)

Mr. & Mrs. Reinhart-Budd: Rose Moreno

Betsy Sandlin: Pamela Morrow

Jeff Sklar: Robert Sklar

Barbara & Jim Souter: Wayne & Carol Dawson

Janet Stewart: Suzi Lenhart

Daniel Stoltzfus: Robert Sexton

Clients of Stratton Advisors: Stratton Advisors

Hank & Lucette Tarbox: James & Kathleen Wells

Nick & Liz Thomas: Andrea Dukes

Keith & Martha Thorson: Foster & Jana Knutson

Rod & Joy Thorson: Foster & Jana Knutson

Wendell & Rose Tyson: John & Francille Firebaugh

Oro Valley UCC: James & Frances Bell

Charli Uihlein: Kenneth & Pamela Xeele

Dorothy Vanek: John & Trudi Sofias

Jake Vogler: Joseph & Paulette Gootter

Ella Waltz: June Head

Ann & Jerald Wheeler: Anonymous

Jesse Wheeler: Cynthia Wood

Bertha Wolfe: Janet M. DeKeyser

Women in Education Alpha Delta Kappa: Archie & Gloria Burke

Lila Wood: Thomas & Sharon Crozier

Mr. & Mrs. Wortzel: Rose Moreno

Wounded Warriors: Shirley Johnson

Mr. & Mrs. Young: Rose Moreno

Chet & Angela Zalesky: William & Kathleen Thomas

Jon & Angie Ziegler: Mark & Talena King

Thanks to Our Faith Community Partners

Abiding in Christ Fellowship • Aldea Spiritual Community • Alive Church • Ascension Lutheran • Baha'i Faith - Oro Valley • Beautiful Savior Lutheran • Canyon del Oro Baptist • Capilla del Sol Christian • Casas Adobes Congregational UCC • Catalina United Methodist • Christ Presbyterian • Christ the King Episcopal • Church of the Apostles Episcopal • Church of the Everlasting Gospel • Church of the Painted Hills UCC • Community Christian Church Marana • Congregation Anshei Israel • Congregation Bet Shalom • Congregation Chaverim • Congregation Or Chadash • Congregation M'kor Hayim • Cortaro Vista Community Church • Country Club at La Cholla Chapel • Desert Skies United Methodist • Dove of Peace Lutheran • Ebenezer All Nations Seventh Day Adventist • Faith Christian Fellowship of Tucson • First Christian Church • First United Methodist Church • Flowing Wells Baptist • Fountain of Life Lutheran • Grace St. Paul's Episcopal • Grace Temple Missionary Baptist Church • Immanuel Presbyterian • Lutheran Church of the Foothills • Maranatha Seventh Day Adventist • Mountain Shadows Presbyterian • Mountain View Baptist • Mountain Vista U.U. Congregation • New Spirit Lutheran • Northminster Presbyterian • Northwest Baptist • Northwest Community Friends Church • Oro Valley Church of the Nazarene • Oro Valley United Church of Christ • Our Saviour's Lutheran • Pusch Ridge Christian Church • Resurrection Lutheran • Rincon Congregational UCC • Rising Star Baptist Church • Sanctuary United Methodist • Santa Catalina Catholic • Southside Presbyterian • St. Alban's Episcopal Church • St. Andrew's Episcopal Church • St. Andrew's Presbyterian • St. Elizabeth Ann Seton Catholic • St. Francis in the Foothills United Methodist • St. John the Desert Presbyterian • St. Mark the Evangelist Catholic • St. Mark's Presbyterian • St. Mark's United Methodist • St. Matthew's Episcopal • St. Michael & All Angels Episcopal • St. Odilia Catholic • St. Philip's In The Hills Episcopal • Streams in the Desert Lutheran • Tanque Verde Lutheran • Temple Emanu-El • Templo La Uncion • The Good News Community Church • Third Church of Christ, Scientist • Tortolita Presbyterian • Tucson Community of Christ • Unity of Tucson • Unity Spiritual Center of Peace • U.U. Church of Tucson • Vida Nueva/New Life Church of God • Water of Life Metropolitan Community Church

Welcome, New Staff!

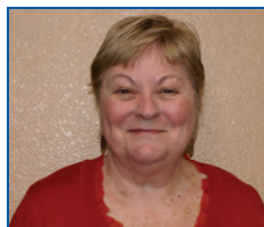


Jan Willkom joined us in December as ICS Mobile Meals Coordinator.

Jan has extensive experience with volunteerism as well as in finance, accounting and computer applications. She has volunteered with the Tucson Museum of Art, where she worked with and trained other volunteers, and

she also has been a volunteer driver for older adults to get to essential needs errands such as the doctor. For the past 10 years, she has worked part-time at providing home assistance so a 100-year-old could continue living independently in her home.

Kathleen Masterson began at the end of November as ICS's part-time Caregiving Services Assistant, supporting the department by arranging business help, minor home repairs and friendly phoning and visiting and helping with ICS Mobile Meals and Transportation. With a background as an airline reservation sales agent, Kathleen had been a volunteer at ICS since 2012.



Please welcome Jan and Kathleen to the ICS team.

Foundations of Faith Community Nursing Course

Monday - Friday, March 9-13

(Mon-Thurs: 8am-4pm; Fri: 8am-1pm)

St. Paul's United Methodist Church, 8051 E. Broadway Blvd.



Are you a nurse with an active RN license? Are you interested in promoting good health in your congregation? Join us for this course that will equip experienced RNs to provide wholistic health programs to help people address all aspects of their

health in the context of their faith.

Possible health-enhancing programs might include seminars on good nutrition or good parenting; blood pressure or cholesterol checks; visiting the sick; and/or support groups for people affected by mental health problems. Faith community nurses are integral in implementing these programs to benefit congregational members and neighbors.

The course is presented by Phoenix-based Duet: Partners in Health and Aging in collaboration with Interfaith Community Services and Tucson Faith Community Nurse Network.

Cost is \$400 including breakfasts and lunches, materials and 34 contact hours for continuing education. RSVP by

February 11 at www.duetaz.org or sopilnick@duetaz.org

to accommodate completion of three online course modules.

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Thanks to these businesses, foundations and groups for supporting our work:

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Lucille E. Williams Foundation

Mark Your Calendar – Upcoming Events

Vistoso Challenge Charity Bike Ride

9am, Saturday, January 24

Oro Valley Hospital, 1551 E. Tangerine Road

Burn off those extra holiday pounds and cycle with a purpose! Individual riders or teams of up to 6 riders will enjoy a fun ride with distances from 8-48 miles along a scenic 8-mile loop through Rancho Vistoso. There will be food and prizes for all participants. To register contact Todd Huff at 907-8019. A donation of \$50 per rider is requested and all proceeds will benefit ICS. The cycling event is presented by the International Christian Cycling Club in partnership with St. Andrew's Presbyterian Church.



Community Health & Wellness Presentations at ICS, 2820 W. Ina Road. Register in advance for these FREE presentations with Mara Levin at 520-297-6049 ext. 226 or mlevin@icstucson.org.

Understanding Your Medications

10-11:30am, Wednesday, January 28

Do you have questions about your medications or the medications your loved ones are taking? Pharmacists from the University of Arizona School of Pharmacy will discuss medications used for many common medical conditions, their possible side effects, and interactions to be aware of, and they will answer **your** questions concerning medication issues.



P.A.I.R.S. Practical Application of Intimate Relationship Skills Workshop

9am-5pm, Saturday, January 24

Interfaith Community Services, 2820 W. Ina Road

Want to **improve communication using practical relationship tools**? This program is designed for couples who are either married, engaged or involved in a long-term committed relationship. Goals include increased marital satisfaction, improved family relationships, and adaptability, while learning conflict resolution and communication skills. **The program is FREE and a light breakfast and lunch will be provided.** For more information and to register, call Tandala Kidd at 520-297-6049 ext. 243.



De-Escalating People with Challenging Behaviors

Noon-1:15pm, Tuesday, February 26

Do you encounter people with challenging behaviors? Would you like to increase your skills in supportive listening, setting limits, and de-escalating someone who is angry or overwhelmed? In this interactive workshop, you'll gain knowledge through role-playing and discussion and learn how and when to call for outside help. Co-presenters are ICS Mental Health Outreach Specialist Veda Kowalski and ICS Health Advocacy Coordinator Mara Levin. Bring a lunch if you like – healthy snacks will be provided.



Annual ICS Volunteer Recognition and Appreciation Event

ICS Volunteers:
SAVE THE DATE!

1-3 p.m. Saturday, March 7

St. Andrew's Presbyterian Church, 7650 N. Paseo del Norte

Be sure to mark your calendar for our annual volunteer recognition event. We'll have food, entertainment, and a celebration of all that you do for ICS and our community. Look for more details to be announced soon.



“Go Green” and keep up with the latest ICS happenings, events and news via email by contacting scaulley@icstucson.org or calling 520-297-6049 ext. 209 to get on the list!

Main Office:

2820 W. Ina Road
 Tucson, Arizona 85741
campus of Christ the King Episcopal
 Ph: 520-297-6049; Fx: 520-797-3029

Eastside Office:

8701 E. Old Spanish Trail
 Tucson, Arizona 85710
campus of New Spirit Lutheran
 Ph: 520-731-3076; Fx: 520-731-8906

Marana Resource Center:

13644 N. Sandario Road
 Marana, Arizona 85653
 Ph: 520-744-2485

Email: info@icstucson.org
www.icstucson.org

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Save the Date! Saturday, March 28 • 11 a.m. – 1:30 p.m.



Empty Bowls

 a fundraiser
 to fight hunger and feed hope

Tucson
 Chinese
 Cultural Center
 1288 W. River Road

Tickets \$20 per
 person

*Thank to our Sponsors
 (as of press time)*

Presenting Sponsors

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Sample signature soups, breads and desserts and select a handcrafted pottery bowl to take home as a reminder of the fight to end hunger in our community. Enjoy a silent auction and raffle. Proceeds will benefit the ICS Food Bank and efforts to feed hungry neighbors in Pima County.

In honor of ICS’s 30th anniversary, please consider an extra \$10 donation to round up your ticket purchase to \$30. Additional funds raised will help the ICS Food Bank serve more children and adults this year. Thank you!

Tickets are being sold in advance only and are available online at www.icstucson.org or by calling 520-297-6049 ext. 209. We expect tickets to sell out, so get yours early. See you there!

2015 Participating Restaurants and Food Partners (as of press time)

- Bob’s Steak & Chop House at Omni Tucson National • Caffe Torino • eegee’s • Gourmet Girls Gluten Free Bakery/Bistro • Splendido at Rancho Vistoso ...others added weekly on ICS website

Sponsorships available. Call 297-6049 ext. 222 for details.