

Our Mission...

“Helping seniors, disabled individuals and families in financial crisis achieve stable and independent lives.”

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ICS Caregiving Services Make Home Sweet for Recipients

For ICS Caregiving recipients, the comfort of familiar surroundings is important to well-being and quality of life. For 28 years, ICS has provided seniors and disabled adults with services that go beyond their physical requirements to also address the critical need for companionship and care.

The ICS “Home Sweet Home” program helps recipients remain independent and safe in their own home. Among the program’s most popular services are friendly phoning, called TeleCHAT, and visiting. ICS connects compassionate and sociable volunteers with recipients who like to see a warm smile or hear a sympathetic voice. Most recipients live alone and away from family members; some are homebound. The visits and calls they receive prevent them from becoming isolated or lonely.

Susan and **Jim** are like many of our friendly visiting volunteers and recipients. Susan chose to become a friendly visitor because she likes meeting new people and the flexible schedule fits her busy life. ICS paired Susan with Jim last January and both look forward to their time together. They discuss their mutual interest in writing and they’ve gone on outings to cultural activities and to try local restaurants.



ICS volunteers Brian (left) and Andy help a recipient stay safe with minor home repairs

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ICS Lunch and Learn Series presents “Out of the Blue: Understanding Depression”

Depression affects more than 21 million American children and adults each year and is the leading cause of disability in the U.S. for individuals ages 15 to 44.

As a follow-up to last year’s *Faith Communities and Mental Illness: Tools for Response and Care* conference, ICS is presenting **Out of the Blue: Understanding Depression on February 28 from noon to 2 p.m. at St. Demetrios Greek Orthodox Church** (1145 E. Fort Lowell Road).

This Lunch and Learn will cover the signs and symptoms of depression, local care resources, dos and don’ts of interacting with someone who is suffering from depression, and more.

Michael Dattola, LCSW, and **Laurie Robinson**, MTS, from El Rio Community

Health Center, will share their expertise; **Clarke Romans** from the National Alliance on Mental Illness (NAMI) will facilitate a question and answer session.



This informative event is for faith leaders and anyone who has an interest in learning more about depression and how to respond with care and compassion. Cost, including lunch, is \$10 pre-paid. To reserve your seat contact **Terry Alexander** at ICS at 297-2738 ext. 233 or talxander@icstucson.org.

The Lunch and Learn series is made possible by The David C. and Lura M. Lovell Foundation.

Gifts of Love Deliver the Hope and Joy of the Season

In December, 23 individual donors, 15 businesses and organizations, and 16 faith communities shared some holiday cheer with 111 families in need through our “Gifts of Love” program. The adopted families, who are all ICS recipients facing extreme financial hardship, received festively-wrapped clothes, toys, gift cards and other much-needed items.

The adopted families were overwhelmed by all that they received and the kindness that accompanied the gifts. One family showed their appreciation by bringing a gift of their own to ICS—a piece of art handmade by the children. In their thank you note another family showed that giving really is contagious:

“I had to take a moment and share with you how much of a blessing you have been for my family this past Christmas. Because I was injured on my job and was out of work for more than a year, I suffered a drastic decrease in my household income.



When I picked up the two bags filled with toys I started to cry because life can be so cruel sometimes that you forget that some people still care. With just this blessing, the Christmas tree was filled with lovely toys and clothing items for my two children. I was filled with so much joy that I wanted to give just like someone had given to me. Remembering two less fortunate kids in the neighborhood who regularly play with my son, I purchased some gifts for them and their family with the gift card given to me.

I cannot begin to explain to you how fulfilling it is to help and this time I was able to do that because you helped me and my family. From all the families that you have assisted, THANK YOU! May God continue to bless you while you bless others.”

On behalf of all of the families that received Gifts of Love this holiday, thank you for sharing your blessings. Your compassion brought smiles to many faces and truly reflected the spirit of the season.

A Bountiful Bag-A-Thon

The results are in and all we can say is WOW! The 6th annual Bag-A-Thon, sponsored by Edward Jones, gathered 70,000 pounds of food for the ICS Food Bank.

The final total resulted from the hard work of **21 Edward Jones offices, 19 schools, several Cub Scouts and American Heritage Girls troops, Girl Scouts of Southern Arizona, the Sun City Vistoso Cyclists, local businesses, the Town of Oro Valley, and the community-at-large.** With this year’s total, the Bag-A-Thon has raised over 155,000 pounds of food for the ICS Food Bank since 2007. A special thanks to **KGUN9’s April Madison, Kohl’s and eegee’s.**

For his dedication and hard work, Bag-A-Thon founder and organizer **Ken Blanchard** was honored in November with a 2012 Spirit of Philanthropy Award at the Association of Fundraising Professionals’ National Philanthropy Day luncheon. A HUGE thanks to Ken and everyone who made this year’s Bag-A-Thon such an amazing success.



Peggy Klein from Edward Jones helps a Girl Scout sort donations during the Bag-A-Thon Scout Day.

“We Care” Classic Scores Friends and Fun

Nearly 170 golfers came out to support ICS at the 2012 “We Care” Golf Classic on Saturday, December 8 at the **Omni Tucson National Resort.** The event raised over \$28,000 for ICS’s programs that assist seniors, disabled individuals and families in financial crisis. To view more photos of this year’s event visit www.icstucson.org. Thanks to everyone who contributed to the day!



We appreciate these major event sponsors: *Wendell & Rose Tyson; Dorothy Vanek; Frank & Sue Cannon; Chardukian-Goldstein Investment Group/RBC Wealth Management; Hanger Clinic; Lura Lovell; Steve & Ruth Pollyea; Al Trice; Jim Click Automotive; Golf Cars of Arizona; and our Corporate Partners (see page 7).*

ICS Home Sweet Home Services

Continued from page 1

Susan gets as much as she gives when she visits Jim. “We enjoy each others’ company. And I like to think that I fill in a little bit of time for Jim. He puts our visits on his calendar and looks forward to them,” she said. Over the past year, the pair has developed a real connection. Jim noted, “We just clicked when we met. I live alone. It’s nice to have someone to talk to once in a while.”

ICS’s “Home Sweet Home” services also include the TeleCARE program; each month, volunteers make hundreds of daily wellness calls to ensure that recipients who live alone are safe. These quick calls provide recipients with reassurance and peace of mind. ICS volunteers also provide business assistance to help recipients with their mail and other paperwork; minor repairs and yard work to keep their homes clear of hazards; and companion sitting to give caregivers a few hours to run errands or take a break. ICS volunteers provided over 8,200 “Home Sweet Home” services last year.

Resolve to Get Involved

If you resolved to make a difference in 2013, ICS has lots of opportunities for you! Below are a few of our current volunteer needs:

- **Give a homebound Caregiving recipient a spirit-lifting connection** to the outside world as a friendly visitor. Volunteers are needed in all ZIP codes and the schedule is very flexible!
- **Help clients at the ICS Resource Centers move forward with their job search.** Volunteers are needed in Marana Tuesday–Thursday afternoons; at our eastside center on Monday from noon to 3 p.m. and Tuesday–Thursday from 9 a.m. to noon; and at our northwest center on Monday and Friday from 1 to 4 p.m.
- **Provide recipients with safe and friendly rides to the grocery store and other outings** as a volunteer for our new minivan transportation programs. Drivers and ride-along helpers are needed all weekdays.
- Volunteers are needed on Wednesday and Friday afternoons to **accept, weigh and record donations at the ICS Food Bank.** Volunteers must be able to lift 25 pounds.

ICS offers many ways to put your passion and talents into action. For information on these and other volunteer opportunities, contact **Sandi Brickley**, ICS Volunteer Resources Manager, at 297-2738 ext. 217.

Volunteer Orientation Schedule

Northwest: 10 a.m. to noon at the ICS office at 2820 W. Ina Road

- | | |
|--------------------------|-----------------------|
| • Wednesday, January 23 | • Thursday, March 14 |
| • Wednesday, February 13 | • Wednesday, March 27 |
| • Thursday, February 28 | • Wednesday, April 10 |

Eastside: 10 a.m. to noon at the ICS office at 8701 E. Old Spanish Trail

- | | |
|-----------------------|-------------------|
| • Monday, February 11 | • Monday, April 8 |
| • Monday, March 11 | • Monday, May 13 |

ICS VOLUNTEERS—SAVE THE DATE! Mark **Sunday, April 14** on your calendar for our annual volunteer recognition event. We’ll have food, entertainment and a celebration of all that you do for ICS and our community. Look for more details this spring.

ICS: Serving Today and Tomorrow... With Your Help

As we embrace a new year at ICS, we’d like to extend our gratitude for all that you have helped us accomplish over the past twelve months. Your wonderful support as a donor, volunteer or friend has ensured that ICS can respond with care and compassion to an extraordinary need for our services. Thank you!



Bonnie Kampa
ICS Executive Director

In looking to the future, we know that it is filled with uncertainty. However, one thing we are certain of is that there will always be families facing hunger in our community. There will always be lonely seniors who need help meeting their most basic living requirements. There will be a need for ICS and our programs to help those most vulnerable among us stabilize their world and improve their lives.

If you have ever wanted to make a positive and permanent difference at ICS and in the lives of the many people we serve today—and those who will need us tomorrow—a great way is through a gift to the ICS Endowment Fund. The principal of the Endowment is never spent. Earnings grow and are invested over time to provide an important source of revenue to ensure that ICS and our services can continue far into the future.

ICS’s goal is to grow the Endowment to \$5 million by 2015. We are nearly 70% of the way toward this goal, which includes cash donations, pledges and planned gifts. This spring we will announce a campaign to complete the challenge.

Please contact me today at 297-2738 ext. 212 or bkampa@icstucson.org if you have already included the ICS Endowment in your estate plan or would like additional information on helping ICS build our endowment. With your help ICS is here today and will be here tomorrow to serve seniors, disabled individuals and families in financial crisis.

Bonnie Kampa

Mark Your Calendar—Upcoming Events

The Job Search Online



Today's job market is more competitive than ever, and the vast majority of positions and applications are now done online. This class,

offered at the eastside ICS Resource Center on January 24 from 1–3 p.m., will guide participants through topics like defining search goals, tracking searches, the ins and outs of electronic applications, and using some of the most popular job posting sites. The class is free but space is limited. Call 297-6049 to register.

Free Tax Assistance

Starting in February, IRS-trained volunteers will once again be at ICS to prepare tax returns free of charge for low- and moderate-income clients. In partnership with United Way, the Volunteer Income Tax Assistance (VITA) Program will be at our Ina

Road office February 6–April 13 on



Wednesdays from 4 to 7 p.m. and Saturdays from 9 a.m. to 2 p.m.

Volunteers with AARP Tax-Aide will be at our eastside office February 5–April 13 on Tuesdays and Thursdays from 2 to 6 p.m. and Saturdays from 9 a.m. to 1 p.m. Clients are assisted on a first-come, first-served basis. Call the ICS office at 297-6049 or visit www.icstucson.org for additional information and a list of required documents.

Walk to Fight Hunger



Help children and families have food for today and build a better tomorrow. Lace up your sneakers for the North Pima CROP

Hunger Walk on Sunday, March 3 at the Oro Valley Marketplace (Tangerine and Oracle roads). The 3-mile “go at your own pace” walk kicks off at 2 p.m. ICS receives a portion of the proceeds to help address hunger in our community; the remaining proceeds go to worldwide hunger programs.

Compassionate End-of-Life Classes

Tani Bahti,

R.N. is offering informative and caring classes that address end-of-life issues and concerns. The free two-hour seminar covers some of the legal, ethical, and emotional issues surrounding this topic. The classes take place Friday, March 8 and Friday, May 10 from 10 a.m. to noon in the ICS conference room. Register at www.passageseducation.org.



Staff Changes



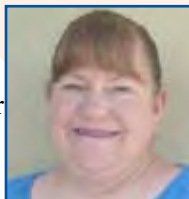
Lori Block joins ICS as Eastside Coordinator to oversee activities at our eastside Resource Center office. Bringing over 20 years of nonprofit and faith community experience in directing and managing programs, Lori enjoys hiking, gardening and anything that involves using power tools. She takes over for Sandy Bohn, who recently welcomed a new baby.

Sara Rickard joins ICS as Mobile Meals Coordinator. An avid writer, reader and gardener, Sara has more than a decade of experience coordinating nonprofit programs related to adult education, family literacy and sustainable food systems.



As the new ICS Health Advocacy Coordinator, Nan Smith, R.N., F.C.N., will help recipients and the general public navigate the health care system and assist faith communities to develop health programs. Nan brings 40 years of expertise in the acute care system and faith community nursing to ICS; she takes over for Andrea Rogers, R.N., who retired in December.

ICS Transportation Assistant, Pamela Xeele, supports Caregiving Services and coordinates the new minivan program. Pamela has provided private care giving for senior clients, owned her own business, and has a degree in Operations Management and Computer Electronics.



Local Groups Support ICS

ICS is fortunate to receive support from many community organizations and groups. Our heartfelt gratitude to these entities for their recent efforts:

Oro Valley Church of the Nazarene raised over \$20,000 for ICS from a freewill offering during 11 performances of their annual holiday show.

Dove of Peace Lutheran Church made ICS the recipient of a freewill offering at their popular New Year's Day concert. Attendees contributed over \$3,000.

ICS received a portion of the ticket price from the Tucson Dance Academy's four “Spirit of Christmas” Broadway-style holiday shows.

Stuff the Yellow Bus, a holiday drop-off event to collect items for families in need, gathered over 3,600 pounds of food for the ICS Food Bank.

Thanks to these groups for their recent food drives for the ICS Food Bank: Arizona Technology Council; Bank of America at Thornydale/Linda Vista; Copper Creek Homeowners' Association; Girl Scout Troop #19; Sahuaro Women's Golf Association at Crooked Tree; Tohono Chul Park; Town of Oro Valley; Valley of the Moon; and Employees at Northwest Medical Center.

Faith Community News

ICS welcomes **Santa Catalina Catholic Church** and **Unity Spiritual Center for Peace** as our 69th and 70th faith community partners. Here are some examples of how our faith community partners help seniors, disabled individuals, and people in financial crisis through ICS:

- **Capilla del Sol Christian Church** and **Northwest Heights Adventist Church** co-hosted the last ICS Faith Council meeting.
- **Grace St. Paul's Episcopal Church** hosted ICS's mental illness awareness Lunch and Learn forum in October.
- **St. Odilia Catholic Church** and **St. Francis in the Foothills Methodist Church** collected donations and grocery gift cards to help our financial assistance clients.
- The following congregations collected food and personal items for the ICS Food Bank: **Alive Church; Church of the Apostles Episcopal; Mountain View Baptist Church; Resurrection Lutheran Church;** and the youth group at **Rincon Congregational United Church of Christ.**

To schedule a visit to ICS, to have ICS staff speak to your congregation, or to explore how your congregation can join ICS in the good work described in this newsletter, call us at 297-6049.

Faith & Health Training

The next **"Bridging Faith and Health: Congregational Health Leader Training"** is April 18 and 19. This comprehensive, interactive workshop equips faith communities to develop health programs or ministries to benefit their congregants and neighbors. Congregation-based health ministries help people address health in the context of their faith. Possible programs include seminars on nutrition or parenting; prayer groups; blood pressure or cholesterol checks; visiting the sick; and support groups for people affected by mental health problems. Plan to participate in this training to gain insights into building a health ministry in your congregation. Watch for additional details or contact **Karen MacDonald**, ICS Faith Engagement Manager, at 297-2738 ext. 221 or kmacdonald@icstucson.org.

Thanks to Our Faith Community Partners

Aldea Spiritual Community; Alive Church; Ascension Lutheran; Avra Valley Community Church; Beautiful Savior Lutheran; Canyon del Oro Baptist; Capilla del Sol Christian; Casas Adobes Congregational UCC; Catalina United Methodist; Christ Presbyterian; Christ the King Episcopal; Church of the Apostles Episcopal; Church of the Painted Hills UCC; Community Christian Church Marana; Congregation Anshei Israel; Congregation Chaverim; Congregation Or Chadash; Congregation M'kor Hayim; Cortaro Vista Community Church; Desert Skies United Methodist; Dove of Peace Lutheran; Ebenezer All Nations Seventh Day Adventist; Faith Christian Fellowship of Tucson; First Christian Church; Flowing Wells Baptist; Fountain of Life Lutheran; Grace St. Paul's Episcopal; Immanuel Presbyterian; Local Spiritual Assembly of Baha'is of Oro Valley; Maranatha Seventh Day Adventist; Mountain Shadows Presbyterian; Mountain View Baptist; New Spirit Lutheran; Northminster Presbyterian; Northwest Baptist; Northwest Community Friends Church; Northwest Heights Seventh Day Adventist; Oro Valley Church of the Nazarene; Oro Valley United Church of Christ; Our Saviour's Lutheran; Pusch Ridge Christian Church; Resurrection Lutheran; Rincon Congregational UCC; Sanctuary United Methodist; Santa Catalina Catholic; Southside Presbyterian; St. Andrew's Episcopal Church; St. Andrew's Presbyterian; St. Elizabeth Ann Seton Catholic; St. Francis in the Foothills United Methodist; St. John on the Desert Presbyterian; St. Mark the Evangelist Catholic; St. Mark's Presbyterian; St. Mark's United Methodist; St. Matthew's Episcopal; St. Michael & All Angels Episcopal; St. Odilia Catholic; St. Philip's In The Hills Episcopal; Streams in the Desert Lutheran; Tanque Verde Lutheran; Temple Emanu-El; Templo La Uncion; Third Church of Christ, Scientist; Tortolita Presbyterian; Tucson Community of Christ; Unity of Tucson; Unity Spiritual Center for Peace; U.U. Church of Tucson; U.U. Congregation of NW Tucson; Vida Nueva/New Life Church of God.

Tax-Free IRA Rollover Opportunity... Urgent Update

The American Taxpayer Relief Act of 2012, recently signed into law, allows individuals with IRAs who are age 70½ or older to make a tax-free rollover to a qualified charity, like ICS, of up to \$200,000 **if they act during January 2013**. These actions may help you remove your IRA Required Minimum Distribution amounts from taxable income.



The new law extended the ability of donors age 70½ or older to move up to \$100,000 from traditional or Roth IRAs directly to a qualified charity during 2013 without having to pay income taxes on the money.

If you took a Required Minimum Distribution in December 2012, you can also donate that amount to an eligible charity and treat it as a rollover for 2012 if you act before February 1, 2013.

For more information on this opportunity and how it may affect you personally, consult your tax advisor. More information is also on the ICS website at www.icstucson.org.

Legacy Society Makes a Lasting Difference

The Interfaith Legacy Society is a special group of caring individuals who have made an estate gift in any amount or a current gift of \$10,000 or more to the ICS Endowment Fund to support our mission beyond their lifetimes. These important contributions provide for ICS's long-term financial stability to ensure that those most vulnerable in our community will continue to find help and hope at ICS long into the future.

We are pleased to honor and thank these new ICS Legacy Society members this winter:

- **Janet M. Frichtl Trust**
- **Barry and Patti Robinson**

Thank you to all 36 members of our Legacy Society for making a positive difference!

If your life has been touched by ICS and you would like to be part of the Legacy Society, please contact ICS Development Director **Deborah Carr** at 297-2738 ext. 222.

MEMORIALS AND TRIBUTES: 9/28 - 12/31/12

In Memory Of: Given By

John & Hilda Aldrich: Jane Prinz
Aleah Mae: Michael & Karen Cruce
Ryan Armstrong: Josephine Cordasco
Marshall Todd & Art Eckhardt: Judy Eckhardt
Fred Bandenburg: Ronald & Connie Siple
Teresa Bast: Elizabeth Tierney
Bea McDonald: Martha Regan
Anita Becerra: Frank & Debbie Becerra
Megan Blair: Iona Hoehn
Richard C. Bostrom: Alice Bostrom
My loving wife Carol: Charles Davis
Phil & Laura Cashman: Joel & Lidia Allen, Charles & Sandra Brickley, Patrick & Shar Caulley, Edmund & Kathleen Jenkins, Steve & Ruth Pollyea, Rona Rosenberg, Jacqueline Shaffer, Maude Shingler
Joseph Catanzarite: Dale & Jennie Johnson
Richard Christenson: Myra Christenson
Peggy Comeau: Leon & Julia Sagalewicz
Tom Conway: Barbara Conway
Jacob Corbett: Roger & Frances Trainor
Lamar Couser: Caroline Couser
Leo Davison: Stephen & Sally Pagnucco
Marshall Drake: Robert & Joan Drake
Ward & Norma Eddy: David & Marianne Parmenter
Eva Ehram: Anthony & Gayle Zizzo
Nelly Ermili: Ted & Elba Visbeek
Anne Ervin: Pete & Mary Quick
Bill Evans: Madge Evans
Father, Mother & Brother: Sharon Edwards
Beau Felton: David & Marianne Parmenter
Mary Jo Fenton: Sally Mettler
Bob Fisher: Keith & Martha Thorson

Bethny J. Foltz: Anonymous
Janet Frichtl: Janet Frichtl Trust
Janet Frichtl-Hruby: John Hruby
Robert Lee Frownfelter: Rod & Suzanne Anderson
Marjorie Funckes: Arnold Funckes
Judy Gautsch: William & Lu Salisbury
Ira Gluck: Barbara Behrens
Brian Green: James & Marie Green
Jean Hartung: George Hartung
Carol Hovasse: Richard & Sharon Minten
Scott Kevin Huffman: Glen & Charlotte Huffman
Robert Hurst: Margaret Hurst
Anne Jackson: Judy Gould
Joyce Jones: Terry Wolfe
Martin Kentner: Jane Kentner
Peggy J. Kilby: Ed Kilby
Daniel Kivel: Nathan & Rhoda Miller
Jim & Mick Kortsen: Al & Sharon Rex
Elsa Krenzer: Richard & Jean Scheibelhut
Michael Kuehn: Thomas & Ann Bush
Barry Kutok: Judy Gould
Wesley Landrum: Mattie Landrum
Bernard Lemme: Kenneth & Pamela Xeele
Joan M. Little: Karen Schwabacher
Lon & Lucille Barton & other departed family members: Lon & Lucille Barton Foundation
Robert Lutz, Sr.: Marvin & Virginia Meeks
Bob Maida: Judy Gould
Steve Mashek: Mary Dufrane-Mashek
Jack Maxwell: Jay & Jackie Donovan
Hiron McFarland: Janis McFarland
Robert & Dorothy McKay: Ardan & Pam Devine
Fritz Melde: Theodore & Ellen Schroeder, Elver & Yvonne Hoefler
Bernice Menkin: Janet M. De Keyser

Willa Morrow: Archie & Jan Anderson, Willis & Ginny Horak
Scott Munger: Jack & Helen Munger
Helen D. Newton: Herbert & Beverly Wright
Catherine O'Neil: Robert O'Neil
Alice Olsson: Eric Olsson & Claudia Halsell
Lucie Olwine: Kathryn Snodgrass
Mr. & Mrs. Harry R. Pease: Jean Emrick
Gale Phelps: Sharon McDonough-Means
Glen Pierce: Gary & Luanne Thomson
Ruth Protas: Brandon Protas, Darlene Streicher, Anonymous
Andy Radtke: Stephen & Sally Pagnucco
Robert G. Reynolds: Eric & Karen Jenness
Hazel Rhodes: Larry & Linda Keegan
Patricia Richardson: Steven Richardson
Jon Schiffman: Gordon & Dorinne Schiffman
Andy Schrepfer: Phillip & Phyllis Davis
Reva Sherman: Judy Gould
Sisters, Connie & Rosanne: Paul & Linda Prazak
Ileen Snowdon: Beverley Greer
Linda St. Laurence: Joe Botsko
Jack & Margaret Starich: Thomas & Alison Betts
Harney Stover: Dick & Bonnie Kampa
Janie Swingley: Robert & Debi Raterink
Bobby Troxell: Ray Troxell
Jack Webster: Melinda Sims
Alice Wells: Naomi Islin
Edward H. (Ned) White III: Milton & Sharron Riise
Eva Wolfe: Terry Wolfe
Dr. Carey & Janet Womble: Lillian Staggs
My Sister Debbie: Neil & Diane Bentley

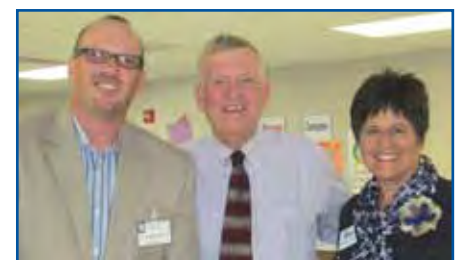
Grants & Corporate Gifts

Thanks to these organization for their contributions:

3M Foundation
 AlphaGraphics
 Arizona Diamondbacks Foundation
 Bank of America Charitable Foundation
 Denton Family Foundation
 Elizabeth Read Taylor Foundation
 Employees Community Fund of Boeing Mesa
 Lewis Hertz Foundation
 Long Realty Cares Foundation
 New Spirit Lutheran Church
 Omni Tucson National Resort
 Pella Rollscreen
 PICOR Charitable Foundation
 R.E. Darling Co., Inc.
 Rincon Congregational UCC
 Sundt Foundation
 Trico Electric Charitable Trust
 Tucson Electric Power
 Tucson Lutheran Thrift Shop
 Walmart Store #3379
 The Wolslager Foundation

Marana Resource Center Opens!

Over 100 people turned out on October 4 for the opening of the ICS Resource Center in Marana and Arizona Youth Partnership's (AzYP) new facilities. ICS's newest Resource Center is open Tuesday through Thursday from 2 to 5 p.m. and brings job searching programs to under-served residents in northern Pima County.



ICS's Bonnie Kampa with Marana Mayor Ed Honea (center) and AzYP Executive Director Daniel Stoltzfus during the open house.

Clients at our Resource Centers work one-on-one with trained, encouraging volunteers to write cover letters and résumés, apply for jobs online, practice interviewing techniques, improve their computer skills and more. These services give unemployed and underemployed individuals the help and encouragement they need to move forward.

ICS and AzYP are collaborating on the "Building Futures for Families" project funded by a U.S. Department of Health and Human Services grant. Our Marana Resource Center is enhancing this collaboration by making it easier for low-income families and individuals to access both career development services and AzYP's relationship education programs.

Memorials and gifts of honor are a special way to remember friends and loved ones, as well as make a tax-deductible donation to ICS. An acknowledgment is sent to both donor and honoree. Thank you!

In Honor Of: Given By

Khairy Abdel-Gawad: Aliaa Abdel-Gawad
Michael Allen, LCSW: Gil & Kathy Parrish
Richard & Carol Backus:
 Thomas & Marcia Halligan
Jim & Yonny Beers: Archie & Jan Anderson
Yonny Beers: Ward & Muriel Budzien
Kristin Behrens: Andrew Behrens,
 Barbara Behrens
John Botti: Richard Hughes
John & Lorena Brewer: Linda Brewer
Stephen & Jennifer Budd: Rose Moreno
Maria Rosi, Charlie Crull & baby George:
 Micki Mulkern
Ben & Nancy Chase: Charles & Connie Chase
Abigail & John Collins: Marjorie Wallendorf
Staff at Casas Adobes Congregational:
 Donald & Helen Crandall
Dave, Ryan & Julie: Kenneth Dunlap & Julie Mack
Deborah Circle of St. Andrew's Presbyterian Church: Joe & Jan Chumley
Marilyn & Lynn Dickason: Rose Moreno
Carl & Brenda Dickinson: Rose Moreno
Ellyne Dillavou: Pamela Kytola
Gay Evans: Joel & Lidia Allen
Family & Friends: Richard & Carol Goeman
Friends in Wisconsin: Larry & Marty Amend
Elizabeth Garigan: Gil & Kathy Parrish
Shirley Garza: Cindy Garza
Jane Gershmeyer: Rose Moreno
Richard & Carol Goeman:
 Robert & Donna Langwig
Tom & Mary Ann Hackett: Dale & Sylvia Bader
Jenn Hall: Marvin & Frances Hall
Mr. & Mrs. Marvin Hall: Lou & Bonita Hall

Glenn & Isla Hamstra: Lester & Suzanne Hayt
Lane Harmon, MC: Gil & Kathy Parrish
June Head: John & April Ritchie
Deborah Hudson, MC: Gil & Kathy Parrish
Jay & Betty Huitsing: Grace Huitsing
ICS Program Committee:
 Lance & Carleen Sholdt
ICS Volunteers: Andrea Dukes, Betty Howell,
 Micki Mulkern, Byron & Patricia Snyder
Ed & Kay Jenkins:
 Bingham, Osborn & Scarborough, LLC
Jan Donnelly & Judi Francis: Micki Mulkern
Jon, Meryl & Kyler: Frank & Pat Bergen
William Saunders & Judy Markland:
 Micki Mulkern
Bonnie Kampa: Jannie Cox
Dr. Darryl King: Donald & Helen Crandall
Richard Klein: Pella Rolscreen Foundation
Randy & Brenda Knapp: Cheryl McCurry
Fred & Patti Lane: Thomas & Marcia Halligan
Arthur & Theresa LeQuesne: Donna Murray
Karen MacDonald: Susan Phillips
Ashleigh & Liz MacIntosh:
 Tim & Catherine Connolly
Dory Martin, LCSW: Gil & Kathy Parrish
Paul & Susan Mayfield: Rose Moreno
Jim & Edilia McDaniel: Rose Moreno
Sanctuary United Methodist Church:
 Mark & Shirley Maddox
Ina Milloff, MA: Gil & Kathy Parrish
Madge Nelson: William & Kathleen Gardner
Chris & Ray Obral: Marshall & Janet Stewart
Our Parents: Jack & Susan Quillen,
 Wayne & Mae Wiant
Kim & Kathy Perkins: Rose Moreno

Ray & Margaret Plumlee:
 Douglas & Patricia Folger
Steve Pollyea: Pat Owens
Sharon Ragland: Cynthia Kristopeit
John & April Ritchie: Gene & Janie Morrison
Barry & Patti Robinson: Tim & Becky Wooldridge
Betsy Sandlin: Pamela Morrow
James Schelbe, PhD: Gil & Kathy Parrish
Robert & Judy Sette: Thomas & Gayle Sette
V Sharg: Justine Wurzel
Linda Sherwood: Gil & Kathy Parrish
Lance & Carleen Sholdt:
 David & Jean-Marie Huisjen
Helen Siglin: Jason & Dianne Ball
Barbara Souter: Wayne & Carol Dawson
John & Elizabeth Stoughton: Rose Moreno
Truda Stransky: Gil & Kathy Parrish
John Stuhlmuller: Elizabeth Percy
Marion Triem: Melvin & Melissa Franklin
Wendell & Rose Tyson: Robert & Donna Farrell,
 John & Francille Firebaugh, Dorothy Vanek
Front Desk & Financial Assistance Volunteers:
 James & Barbara Souter
Tom & Linda Walker: Frances Wells
Hope Welch: Micki Mulkern
Ann & Jerald Wheeler: Anonymous
Mr. & Mrs. Frank E. White: Carol Mead
Wilcox-Cummins Family:
 Michael & Jennifer Wilcox-Cummins
Bertha Wolfe: Janet M. De Keyser
Kenny & Sandra Wortzel: Rose Moreno
Chris & Santford Young: Rose Moreno

Thanks to Our Corporate Partners

Platinum



Gold



Silver



Copper



ICS Appreciates Our

Major Community Partners

Arizona Youth Partnership; City of Tucson Human Services Dept.; Community Food Bank of So. AZ; Community Partnership of So. AZ; GAP Ministries; Lutheran Social Services of the Southwest; Pima Council on Aging; Pima County Community Action Agency; Pima County Community Development & Neighborhood Conservation Department; Regional Transportation Authority (RTA); United Way of Tucson & So. AZ.

ICS Mobile Meals Partners

Amber Lights; Atria Campana Del Rio; HealthSouth Rehabilitation Hospital; Northwest Medical Center; Oro Valley Hospital; Santa Catalina Villas.

Murals Bring Color to the ICS Food Bank

If you haven't yet had a chance, stop by the ICS Food Bank to see the food-themed murals created by artist **Sarah Gabbert Schmerl**. Thanks again to Sarah for donating her time, talents, and materials to make the food bank a more welcoming space.



If you've visited the ICS website recently, you may have noticed things have changed for the better! The new site, rolled out in November, was redesigned to help visitors more easily find the information they need. Be sure to take a look and let us know what you think.



Main Office:

2820 W. Ina Road
Tucson, Arizona 85741
campus of Christ the King Episcopal
Ph: 520-297-6049; Fax: 520-797-3029

Eastside Office:

8701 E. Old Spanish Trail
Tucson, Arizona 85710
campus of New Spirit Lutheran
Ph: 520-731-3076; Ex: 520-731-8906

Marana Resource Center:

13644 N. Sandario Road
Marana, Arizona 85653
Ph: 520-744-2485

Email: info@icstucson.org
www.icstucson.org

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Save the Date!



Empty Bowls



a fundraiser
to fight hunger and feed hope

Saturday, March 16
11 a.m. – 1:30 p.m.

Tucson Chinese
Cultural Center
1288 W. River Road

Tickets \$15 per person

Proceeds from the 2nd annual Empty Bowls benefit the ICS Food Bank. Sample signature soups, desserts and breads from area restaurants and select a handcrafted pottery bowl to take home as a reminder of hunger in our community. Enjoy music, a silent auction and raffle. Your support will help our programs to feed and assist struggling families throughout Pima County.

Tickets for Empty Bowls are available online at www.icstucson.org, by calling 520-297-2738 ext. 209 or at the door. See you there!

2013 Participating Restaurants and Food Partners

- Bob's Steak & Chop House at Omni Tucson National • Cabot Creamery • Caffè Torrino •
- El Charro Café • Gourmet Girls • Highlands Bar & Grille at Heritage Highlands •
- It's Greek to Me • Jax Kitchen/the ABBEY Eat & Drink • La Baguette Bakery •
- La Vista/Tucson Hilton El Conquistador • Outback Steakhouse • Splendido •
- Sunrise Senior Living • The Grill at Hacienda del Sol • Village Bakehouse •

Presented by
Dorothy Vanek

Gold Ladle Sponsors



Steve & Ruth Pollyea
Wendell & Rose Tyson

Silver Ladle Sponsors



Robert & Betsy Holland

Clay Provided By



Sponsorships available. Call 297-2738 ext. 222 for details.