



IN THIS ISSUE:

HOLIDAY OPEN
HOUSE **P5**

CONVERSATIONS
AROUND END OF LIFE
P9

Mobile Meals Drivers make the difference

On a recent chilly December day Mobile Meals drivers Mark and Lois delivered more than just nutritious meals to participants. They brought along some seasonal cheer, some emotional support, an extra treat for service dog Nova, and an extra hug for a grieving grandmother. While

at first glance it may appear that this is due to the holiday season, Mark and Lois say this is what volunteering with the mobile

meals program at Interfaith Community Services is really all about. Providing connection for people who may otherwise be living in isolation.

Mark and Lois have been

Mobile Meals Drivers delivered 25,582 meals last year. We couldn't have done that without volunteers like Mark And Lois.

volunteering with ICS for the past four years. After learning about the need for drivers through their church bulletin, what started out



“Helping people in need achieve stable, healthy and independent lives.”



A Word from Tom

Dear Friends of ICS!

As some of you know I traveled in Up With People for some time and it had a dramatic impact on my life. There was a song called “We are many, we are one.” During December we recognized just a few of our volunteers at our holiday open house celebrations for their incredible work and service to our community. Each and every person highlighted said almost the same things: “We receive more that we give” and “there are so many other volunteers that should be recognized before me” and yes, I would characterize them all as very humble.

As I drove home from the last holiday open house, the song I mentioned started to play (yes I still listen to Up With People songs on a regular basis). There is a line that truly resonated with me “Someday, somewhere, we’ll discover that we’ll have to take care of each other.” I think all ICS volunteers realize the need to care for others and do it every day. What is more inspiring is they are changing the world of each and every person they work with for the better. We do have many volunteers, over 1,000, we come from different faith communities and different beliefs. We look and behave differently. But as ICS volunteers, we act as one when we provide compassion and hope to those in need. It makes more of a difference than we will ever know.



Tom McKinney
Chief Executive Officer

Email: info@icstucson.org **Website:** www.icstucson.org

Northwest Office:

2820 W. Ina Road
Tucson, AZ 85741
campus of Christ the King Episcopal
Ph: 520-297-6049

Eastside Office:

8701 E. Old Spanish Trail
Tucson, AZ 85710
campus of New Spirit Lutheran
Ph: 520-731-3076

Southside Office:

101 W. Irvington Rd. Building 2A
Tucson, AZ 85714
El Pueblo Neighborhood Center
Ph: 520-297-6049

Mobile Meals

continued from page 1

as a substitute route has turned into a much richer experience. Beyond meeting a need in the community to deliver nutritious meals to people who may not be able to get them otherwise, their volunteer experience has provided a deep connection to participants. “We feel that the clients have become almost part of our family. We feel blessed we have them in our lives,” says Lois. It is so much more than delivering a meal: at each stop there is a little extra interaction, mostly asking after family but also playing with the beloved pet, or asking about recent doctors visits. At the last stop of the day Lois checks with Donna to make sure she has had something to eat that day. Donna tells her she hasn't had anything but a banana. Mark and Lois gets her started on her meal.



The connection they have with the participants is what really has meant so much to Mark and Lois. The participants look forward to their visits. “Sometimes we are the only people they see in a day. They look forward to our visits and will wait for us by the door.” Lois says. The relationships they develop are what make the volunteer experience so meaningful. “It brings joy to your heart.” says Mark. “Its nice to bring new people into your life and we learn so much from them.” replies Lois. “Its your chance to give back to the community and what you get back hits you right here,” says Mark, patting his chest, “volunteers are really needed but what you get back is so much more than what you give.”

Our Mobile meals program has 48 regular drivers and 35 substitute drivers to cover the 10 routes 5 days a week. Each route delivers to up to 8 participants each day.



Celebrating Our Volunteer Family

Connect

Venture

HELP

Community Support

Grow

ENGAGE

Learn

GIVE

Service



Looking for a fun volunteer opportunity? We have openings for our Strut 4 Success fundraising event January 26 and Empty Bowls fundraising event March 7. If you are interested in participating, contact **Jordan Vargo** at jvargo@icstucson.org or 520-526-4295.

Did you know we are now offering volunteer orientation in Spanish? The second Tuesday of every month at our Southside offices we are able to offer volunteer orientation for our Spanish-speaking volunteers.

You can find out more about volunteering at ICS at icstucson.org or contact **Tori Carlson**, tcarlson@icstucson.org or 520-526-9308.

VOLUNTEER ORIENTATION

Northwest
2820 W. Ina Road
9:30am-noon
Monday
February 3
March 16
April 6

Eastside
8701 E. Old Spanish Trail
10am-noon
Thursday
February 6
March 12
April 9

Southside
101 W. Irvington Rd., Building 2, Suite 2A
10:00-11:30am
11:30am - 1:00pm Spanish Orientation
Tuesday
February 4
March 10
April 7

Holiday Open Houses



In December, ICS celebrated our volunteer family and our donors at our three Holiday Open Houses. We gratefully acknowledged **Elizabeth (Beth) Larson** with the Emergency Assistance Award in memory of June Head and **Tony and Judy McFarland** with the Self-Sufficiency Programs Award in honor of Terri Patt-Smith at our Eastside Office. At our Northwest Office, we honored **Bob Varin** with our Caregiving and Senior Services Award in honor of Barbara Anderson, **Bob Mack** with our Emergency Assistance Award in honor of June Head, **Kathy McFarlane** with our Community Health Outreach Award in honor of Bonnie Kampa and **Bob Henry (posthumous)** **Bonnie Henry accepting** with our Self-Sufficiency Programs Award in honor of Terri Patt-Smith. Special recognition was given to **Donna Durant, Pastor Myrna Cabrera** at our Southside Office. Thanks to all who stopped by and to all our volunteers for your vital service.



**Free Tax Help
at the
ICS Main Office
2820 W. Ina Rd.**



**February 1 - April 12
Wednesdays 4pm-7pm
Saturdays 9am-1pm**

No Appointment Required

- Picture ID
- Original Social Security card for EACH family member
- Proof of income
- Documentation of deductible expenses
- Account and routing numbers for direct deposit of refunds
- Prior-year tax return
- If you purchased health insurance through the Marketplace, Form 1095-A and dependents' proof of income.

Both spouses must be present if filing Married Filing Jointly or Married Filing Separately.
Maximum annual household income of \$66,000 to receive this free service.

Faith Community Engagement News

ICS welcomes our newest faith partners! **Mount Calvary Missionary Baptist Church** led by Pastor Dr. Marvin L. Hugley Sr., and **Midvale Park Seventh Day Adventist Church** led by Pastor Gladstone Simmons, are thrilled to be partnering in service with ICS. These faith communities and their members are looking forward to getting involved with ICS in various ways and look forward to continuing their participation.



Here is just a sampling of other ICS faith community partners in action:

Resurrection Lutheran Church held a Fall Festival and collected 200 pounds of food to donate to the ICS Food Bank.

Tucson Church of the Brethren dissolved and left one final large gift as a general donation to ICS.

Temple Emanu-El sent part of their youth group to volunteer at the ICS Food Bank.

Unitarian Universalist Church of Tucson and

Mount Calvary Missionary Baptist Church hosted a Mental Health First Aid workshop for congregants.

St. Philip's in the Hills Episcopal Church, St. Francis in the Foothills United Methodist Church and **Christ the King Episcopal Church** hosted End of Life workshops.

St. Odilia Knights of Columbus

held a food drive, collecting over 3500 pounds of food and \$1000 in monetary donations for the ICS Food Banks.

Unleashed Christian Church hosted our most recent ICS Faith Council Meeting for advocates from each partnering faith community.

We are deeply grateful for the contributions of our 115 Partner Faith Communities! Together we're impacting many lives for the better. To schedule a visit to ICS, have ICS staff speak to your congregation, or to explore your congregation joining us in the good work described in this newsletter, call our **Faith and Community Outreach Manager, Lauryn Valladarez**, at 520-526-9288.

Interfaith Community Services was founded in 1985 by six faith communities and is proud to work with 115 partnering faith communities today.

Abiding in Christ Fellowship • Abiding Savior Free Lutheran • Agape Christian Church International • Aldea Spiritual Community • Alive Church • Alive in Christ Lutheran • Arizona Yage Spiritual Assembly • Ascension Lutheran • Baha'i Faith - Oro Valley • Beautiful Savior Lutheran • Canyon del Oro Baptist • Capilla del Sol Christian • Casas Adobes Congregational UCC • Casas Church • Catalina United Methodist • Christ Church United Methodist • Christ Presbyterian • Christ the King Episcopal • Church of the Apostles Episcopal • Church of the Everlasting Gospel • Church of the Painted Hills UCC • Community Christian Church Marana • Congregation Anshei Israel • Congregation Bet Shalom • Congregation Chaverim • Congregation Or Chadash • Congregation M'kor Hayim • ConnectionPointe Church • Connections Vineyard • C.O.R.E. Life Ministries • Cortaro Vista Community Church • Country Club at La Cholla Chapel • Desert Dove Christian Church • Desert Skies United Methodist • Desert Valley Adventist Church • Dove of Peace Lutheran • Ebenezer All Nations Seventh Day Adventist • Faith Christian Fellowship of Tucson • First Christian Church • First United Methodist Church • Fountain of Life Lutheran • Grace St. Paul's Episcopal • Grace Temple Missionary Baptist Church • Grace to the Nations Church • Hope City Church • Immanuel Presbyterian • Living Grace Ekklesia • Lord of Grace Lutheran • LifeBridge Church • Lutheran Church of the Foothills • Maranatha Seventh Day Adventist • Ministerios Manantial De Amor • Mount Calvary Missionary Baptist Church • Mountain Shadows Presbyterian • Mountain View Baptist • Mountain Vista U.U. Congregation • New Hope/Nueva Esperanza United Methodist Church • New Life Bible Fellowship • New Life Community Church of the Nazarene • New Spirit Lutheran • Northminster Presbyterian • North Tucson Stake of The Church of Jesus Christ of Latter Day Saints • Northwest Baptist • Northwest Community Church • Northwest Community Friends Church • Oro Valley Church of the Nazarene • Oro Valley United Church of Christ • Our Lady of the Desert Catholic Church • Our Saviour's Lutheran • Pantano Christian Church • Resurrection Lutheran • Rincon Congregational UCC • Rising Star Baptist Church • Saguaro Christian Church • Sanctuary United Methodist • Santa Catalina Catholic • Shalom Mennonite • Southside Presbyterian • St. Alban's Episcopal Church • St. Andrew's Episcopal Church • St. Andrew's Presbyterian • St. Elizabeth Ann Seton Catholic • St. Francis in the Foothills United Methodist • St. James United Methodist • St. John's United Methodist Church • St. John on the Desert Presbyterian • St. Mark the Evangelist Catholic • St. Mark's Presbyterian • St. Mark's United Methodist • St. Matthew's Episcopal • St. Michael and All Angels Episcopal • St. Odilia Catholic • St. Paul's United Methodist Church • St. Philip's In The Hills Episcopal • Streams in the Desert Lutheran • Tanque Verde Lutheran • Temple Emanu-El • Templo La Uncion • The Good News Community Church • The Holy Way Presbyterian • The Journey Church • Third Church of Christ, Scientist • Tortolita Presbyterian • Trinity Presbyterian Church • Tucson Central Church of the Nazarenne • Tucson Church International • Tucson Community of Christ • Tucson Midvale Park SDA Church • Unity of Tucson • Unity Spiritual Center of Peace • Unleashed Church • U.U. Church of Tucson • Vida Nueva/New Life Church of God • The Village Church • Water of Life Metropolitan Community Church

ICS Staff Updates

Welcome



Cynthia Galas, Social Services Manager Cindy is our new Social Services Manager. Cindy most recently worked for Arizona's Children Association as a program supervisor. Cindy has extensive experience working with case managers who are helping people throughout our community. She has a passion for helping families in need achieve independence.

Fun Fact: Cindy has been to a taping of 'The Tonight Show'



Celena Robles, Development Coordinator

is our new Development Coordinator. Celena has extensive experience in donor and customer relations. She was an integral part of the Tucson Symphony staff for 12 years.

Her ability to understand what is important to donors and remember those facts is unmatched. She will be an excellent addition to the development team and I am sure you will quickly notice that she likes to work collaboratively and have fun!

Fun Fact: Celena loves to attend rock concerts and has seen her favorite band Weezer live twelve times.

Full Circle - A meaningful conversation about intentional living and peaceful dying.



In October members of our Wholistic End of Life team attended the Coalition to Transform Advanced Care (C-TAC) National Summit. A diverse group of leaders in healthcare, aging, palliative care and faith communities were brought together to delve deeper into the most pressing issues and challenges of end of life care. The ICS team was inspired to collaborate further with local congregational leaders and other passionate individuals committed to fostering conversations on the deep spiritual questions surrounding life and death that our culture often sidesteps

Clergy, Elders and other Congregational leaders are privileged to be present at life's turning points: At rites of passage, at unions, births, and also deaths. These liminal periods evoke deep experience and conversation. It often is the role of faith leaders to nurture us through these transitions. Faith communities are uniquely poised to address big questions and issues concerning quality of life and death.

What conversations happen or need to happen to help us prepare for a peaceful end to life? Do we want to be at home with loved ones? Do the people who know us best, know our intentions when we might not be able to communicate at the end?

Please consider joining us in February for a meaningful gathering at Mission Garden for discussion and exploration of how we can weave these essential conversations into our life of faith.

Wednesday, February 12, 2020, 8:30 to 10:30 am
Mission Garden, 946 W. Mission Ln - RSVP to Suzanne Morrison or Karen MacDonald 520-526-9296

50% of us will be incapacitated as we approach death, hence unable to share our wishes.

Interfaith Community Services Wholistic End Of Life Program is joining with the Arizona End of Life Care Partnership and similar groups to engage in conversation about intentional living and peaceful dying.

Thanks to our Corporate and Foundation Partners



Connie Hillman Family Foundation



Shaaron Kent Endowment Fund



Eugene C. and Wiletta Denton Family Foundation



The Kautz Family Foundation



Collection Day for the Community Bag-a-Thon, sponsored by Edward Jones, is a huge effort! Thanks to all donors and volunteers and particularly to Peggy Klein of Edward Jones who goes the extra mile to coordinate it all. This year's event collected 20,000 pounds of food which helped fill holiday food bags at ICS.



Memorials and Tributes: 10/1/19-12/31/19

Memorials and gifts of honor are a special way to remember friends and loved ones, as well as make a tax-deductible donation to ICS. An acknowledgment is sent to both donor and honoree. Thank you!

In Memory Of: Given By

Carol Backus: Richard Backus
Joe Barraza: Helen Barraza
Mildred Broyles: Mary A. Casady
My parents, Hal and Ruth Chadwick: Barbara Chadwick
Carol Wood Davis: Charles A. Davis
Steve Emslie: Bartlett and Melinda Heald
Family and Friends: Myra Christenson
Rosalyn Glickman: Charles M. Glickman
Barbara Grandstaff: Eric and Claudia Olsson
Jay I. Hilton: Adelaide Hilton
Bob Honea - Mr. Marana: George and JoAnne Deakin, Sidney Felker
Robert Hurst: Margaret Hurst
Ginny Jewell: John and Janell Conn
Mom: Kay: Barry Kalpin and Diane Bart-Kalpin
Son, Michael Kuehn: Thomas and Ann Bush
R. Larry Lane: Susan Lane
Bill Leedy: Marianne Leedy
Arthur A. Lorenz: Bessie Lorenz
Ilse and Jim McKenzie: Virgil and Muriel Gerdes
Tom Murphy: Frances Walker
Bob Poole: John and Janell Conn
my mother Rasalie: Ruth Robertson
Lee Shevel: Mike and Gwen Parr, Dorothy S Pandolph, Bruce Leidy, Jack and Deborah Schull, Linda Stratton, Dave and Amy Darpinian, Herman and Judith Haenert, Howard & Karen Johnston
Bradley Smith: Jim and Barbara Hansen
William Sounders: Armida Souders
Susie and Charlie Sturm: Arlene Sturm
Jim Tillema: Linda M Tillema
my Dad, Wally Wentzel: Gail M Wentzel

In Honor Of: Given By

Frances Bale: Linda Popelka
Curt Balko: Lia Pierse and Terri Patt-Smith: Joel and Lidia Allen
Jean Bassett: Rose Moreno
Bill Botten: Howard and Nancy Ullrich

Bob Botten: Howard and Nancy Ullrich
Frank Boyle: Dr. Quentin Anderson and Pamela Henderson
Mr. and Mrs. Brust: Rose Moreno
Pat and Jack Carlson: Howard and Nancy Ullrich
Shar Caulley: Richard and Bonnie Kampa, Edmund and Kathleen Jenkins
Judy Chamberlain: Carter and Marveen Dickey
Deborah Circle at St. Andrew's Presbyterian Church: Carolyn Flenner
Barbara Davis and Family: Mara Levin
Jan DeKeyser's: Bertha Wolfe
Mr. and Mrs. Dickason: Rose Moreno
Don and Stephanie: Rose Moreno
ICS Volunteer Drivers: Steve and Nancy Lipson
Steve & Linda Emerson: Althea McClure
Jane Gersmeyer: Rose Moreno
John, Rachael, and Hayden Hickox: Robert and Susan Hickox
Jennifer and Family: Rose Moreno
Bonnie Kampa's leadership of ICS: Robert and Joyce Lyons, Antoinette R. Chardukian
David & Amy Klawon: Lorna Kraemer
Ester and Jay Leutenberg: Barry Kalpin and Diane Bart-Kalpin
Mr. and Mrs. Mayfield: Rose Moreno
Mr. and Mrs. McDaniel: Rose Moreno
McNally Girls: Vincente and Jean Granillo
Wedding Celebration of Mike Mott & Tsianina Lamavaina: Patricia Duryee
Betty Neel: Judith Terlizzi
Mr. and Mrs. Perkins: Rose Moreno
Mr. and Mrs. Pettett: Rose Moreno
Mr. and Mrs. Schermer: Rose Moreno
Bob and Judy Sette: Thomas and Gayle Sette
Carleen & Lance Sholdt: Bud and Emily Warner
My Son's Birthday: Keith and Mary Lou Steinkamp
Robert Steinway: Patricia Steinway
Janet Stewart's Birthday: Suzi Lenhart
Bertha Wolfe: Janet M DeKeyser
Lila Wood: Thomas and Sharon Crozier
Mr. and Mrs. Woodward: Rose Moreno
Mr. and Mrs. Young: Rose Moreno
Zylak Family: Rose Moreno



Thank you to presenting sponsor **Tucson Electric Power** and to all of our sponsors, raffle donors, attendees, volunteers and collaborators who helped 'stomp out poverty' at this year's **Eat, Drink, Give!** event: With your support we raised more than \$35,000 which will benefit ICS, and Arizona Youth Partnership.

Gifts of Love Spreading Joy!

We were able to distribute gifts to more than 600 children during the 2019 Holiday Gifts of Love Program making their holiday just a little brighter. Thanks to a total of 61 donors, including a number of faith community partners who adopted families. Front Office Intake Coordinator, Maureen Freeman did an amazing job coordinating with the help of volunteer Colleen O'Leary, Suzanne and a crew of passionate volunteers and staff.



Change a Life and Get a Tax Credit

Many of you support ICS by taking the dollar-for-dollar Arizona Charitable Tax Credit when you make a donation. **The law allows an individual to take a \$400 tax credit and married couples to contribute up to \$800 in addition to any foster care, school or Veterans' tax credits you may be claiming.**



Your donation helps families who turn to the ICS Food Bank, people in crisis who need emergency help with rent or utilities, and seniors who depend on nutritious Mobile Meals delivered to their home, among many others. **Deadline to claim the tax credit on your state of Arizona 2019 taxes is April 15, 2020.** Learn more at icstucson.org

90% of scholars graduate and earn, on average, \$50,000 annually. These graduates represent an economic impact of \$24.4M back into our community* and a state savings of \$740,000 annually.**

*College Success Arizona, **Womens Foundation of Southern Arizona




Join us to be inspired by stories of resilience and determination as our scholars and their children Strut 4 Success during our 3rd annual fashion show.



STRUT 4 SUCCESS

a fashion show benefiting
Interfaith Community Services
Single Mom Scholars
in their pursuit of a college education

Presented by: 
Tucson Electric Power

SUNDAY
JANUARY 26, 2020
2:00pm-4:30pm

Sheraton Tucson Hotel & Suites
The Venue 5151 E Grant Road

TICKETS START AT \$40 AVAILABLE NOW
ICSTUCSON.ORG

Empty Bowls



a fundraiser
to fight hunger and feed hope

Saturday, March 7
11am-1:30 pm

Tucson Chinese Cultural Center
1288 W. River Road



Tickets on sale now online
at icstucson.org
\$25 each.

520-526-9304

Advance ticket sales only - no tickets
will be sold at the door.