



ICS Volunteer Job Description Companion Sitting

Job Title: Companion Sitting, reports to Home Sweet Home Coordinator

Program: Home Sweet Home

ICS offers a variety of Caregiving Services that help registered ICS recipients who are frail, ill or disabled live independently in their own homes, without the need for institutional care. ICS knows that independence is important to seniors and disabled adults who want to age in the comfort of home. Our volunteers provide essential support services that help accomplish this, while also providing important social contact that helps keep recipients healthy and connected.

Job Description:

Home Sweet Home Companion Sitting Volunteers sit with a participant in their home and give the primary caregiver a chance to leave and attend to their own personal needs. Volunteer provides respite for the caregiver. Volunteers embody ICS values of Respect, Integrity, Compassion, Collaboration, and Innovation.

Job Details:

- Volunteers will travel to their assigned participant's home for a designated amount of time and sit with the participant while their caregiver is away
- Engage the participant in friendly conversation
- Volunteers will *not* engage in any medical caregiving during this time
- Report hours and any issues or concerns after assignment to the Home Sweet Home Coordinator.

Volunteer Qualifications:

- Willingness to sit with participants and engage in friendly conversation
- Have patience and a friendly attitude
- Ability to organize and stick to a schedule

Location: Participant's home

Time Commitment: Up to 3 hours per assignments; volunteer and caregiver set up schedule