



**NO TIME
TO SHOP?
DONATE HERE!**



OR VISIT:
icstucson.org/fallfood

OCTOBER 1-31

Holiday items

- Instant or fresh potatoes and yams
- Cranberry sauce
- Canned veggies
- Boxed baking mixes (Bisquick, Jiffy)
- Gravy mix or canned gravy
- Canned pumpkin
- Cream of mushroom soup

Pantry Supplies

- Peanut Butter
- Canned meat: tuna, chicken, Spam, etc.
- Meals in pop-top cans: chili, ravioli, etc.
- Canned pasta sauce (no glass, please)
- Pasta
- Canned fruit & veggies